

Quiet Pines Schedule of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:30 Moments from the Bible 10:00 Yoga 11:00 Chair Chi (RCAC) 2:00 Bingo 4:30 Social Hour	9:30 Independent or group games 10:00 Yoga nail care/manicures 2:30 popcorn & movie 4:30 Social Hour
3	4	5	6	7	8	9
9:30 Spiritual Music 10:00 Sunday Strolls OR Chair Yoga 2:30 Independent or group games 4:30 Social Hour	9:00 Massages by Tonya 10:00 Chair Yoga 11:00 Chair Chi (RCAC) 2:30 Workshop- Crafts Dragonflies 4:30 Social Hour	9:30 Sensory Enrichment " Kitchen " (Sight) 11:00 Crafts (RCAC) 2:30 "Hidden Treasures" Imagination Vacation- 4:30 Social Hour	9:00 Visits with LuLu 11:00 Chair Chi (RCAC) 2:00 Church (Willow Ridge) 2:30 Refreshments 4:30 Social Hour	9:00 Bags for Ruby's Pantry 10:00 Yoga 11:00 Quilting (RCAC) 1:00 Songs with Joyce 2:30 Balloon Volleyball 4:30 Social Hour	9:30 Headlines 10:30 Yoga 11:30 Chair Chi (RCAC) 1:30 Choir Practice 4:30 Social Hour	9:30 Independent or group games 10:00 Yoga nail care/manicures 2:00 Mother's Day Celebration 4:30 Social Hour
10	11	12	13	14	15	16
9:30 Spiritual Music 10:00 Sunday Strolls OR Chair Yoga 2:30 Hymn Sing with Wayne & Laura 4:30 Social Hour Mother's Day	10:00 Chair Yoga 11:00 Chair Chi (RCAC) 2:30 Workshop- Crafts 4:30 Social Hour	9:30 Sensory Enrichment " Kitchen " (Sound) 11:00 Crafts (RCAC) 2:30 "Hidden Treasures" Ring Toss Songs 4:30 Social Hour	9:00 Visits with LuLu 11:00 Chair Chi (RCAC) 2:00 Church (Willow Ridge) 2:30 Refreshments 4:30 Social Hour	9:00 Bags for Ruby's Pantry 10:00 Yoga 11:00 Quilting (RCAC) 1:00 Songs with Joyce 2:00 May Birthday Party 4:30 Social Hour	9:30 Moments from the Bible 10:00 Yoga 11:00 Chair Chi (RCAC) 1:30 Choir Practice 4:30 Social Hour	9:30 Independent or group games 10:00 Yoga nail care/manicures 2:30 popcorn & movie 4:30 Social Hour
17	18	19	20	21	22	23
9:30 Spiritual Music 10:00 Sunday Strolls OR Chair Yoga 2:30 Independent or group games 4:30 Social Hour	9:00 Massages by Tonya 10:00 Yoga 11:00 Chair Chi (RCAC) 2:30 Workshop- Crafts no bake cookies 4:30 Social Hour	9:30 Sensory Enrichment " Kitchen " (Touch) 11:00 Crafts (RCAC) 2:30 "Hidden Treasures" Puzzle Songs 4:30 Social Hour	9:00 Visits with LuLu 11:00 Chair Chi (RCAC) 2:00 Church (Willow Ridge) 2:30 Refreshments 4:30 Social Hour	9:30 Headlines 10:00 Yoga 11:00 Quilting (RCAC) 1:00 Songs with Joyce 2:30 Balloon Volleyball 4:30 Social Hour	9:30 Moments from the Bible 10:00 Yoga 11:00 Chair Chi (RCAC) 2:00 Karen & the Geezers 4:30 Social Hour	9:30 Independent or group games 10:00 Yoga nail care/manicures 2:30 popcorn & movie OR Lobby Crosswords 4:30 Social Hour
24	25	26	27	28	29	30
9:30 Spiritual Music 10:00 Sunday Strolls OR Chair Yoga 2:30 Hymn Sing with Wayne & Laura 4:30 Social Hour	10:00 Yoga 11:00 Chair Chi (RCAC) 1:00 Patio Games (RCAC) 2:30 Patriotic Readings 4:30 Social Hour Memorial Day	9:30 Sensory Enrichment " Kitchen " (smell) 11:00 Crafts (RCAC) 2:30 "Hidden Treasures" Spin the Bottle 4:30 Social Hour	9:00 Visits with LuLu 11:00 Chair Chi (RCAC) 2:00 Church (Willow Ridge) 2:30 Refreshments 4:30 Social Hour	10:30 Riverbend Choir Concert- Willow Ridge 1:00 Songs with Joyce 2:30 Balloon Volleyball 4:30 Social Hour	9:30 Moments from the Bible 10:00 Yoga 11:00 Chair Chi (RCAC) 1:30 Choir Practice 4:30 Social Hour	9:30 Independent or group games 10:00 Yoga nail care/manicures 2:30 popcorn & movie 4:30 Social Hour